

TOTAL DEFINER TRAINING

TOTAL CARE™

The Art
of Safe Recovery

2026 2026 MEXICO CITY, MÉXICO & BOGOTÁ - COLOMBIA

● LIMITED SPOTS PER CITY



01 — The truth no one told you

THE SURGEON DOES NOT DEFINE THE RESULT.



50% of the surgical result
is decided after surgery.

And today that decisive moment
is in the hands of professionals
without protocols, standards,
or certification.



The surgeon dominates
the operating room.
But the recovery phase where
the patient is protected and the result
is secured remains the missing link
in the entire industry.

There is no standard.
There is no leader. **Yet.**

SAFETY CANNOT BE IMPROVISED.

Without a protocol, the patient is exposed and the result is at risk.

Certification is not a formality: it is what protects the patient and guarantees the final outcome.

That is why this training exists.



RECOVERY

Postoperative care is a fundamental stage to support the patient's evolution and preserve the work performed in surgery.

PROTOCOL

Every patient requires individual assessment, proper follow-up, and safety-based decisions.

SPECIALIZATION

Managing inflammation, edema, fibrosis, and compression garments requires knowledge, judgment, and ongoing communication with the surgical team.



Surgeons trust their work to those who know how to care for it.

Clinics seek specialists who protect their patients.

That trust is earned through judgment, protocol, and certification. It is not optional.

It is the difference between an impeccable result and an avoidable complication.



03 — Why TOTAL CARE™

THIS IS NOT JUST ANOTHER COURSE.

It is the first and only
luxury training that transforms
estheticians and post-op
therapists into elite specialists.





| Created by the pioneers

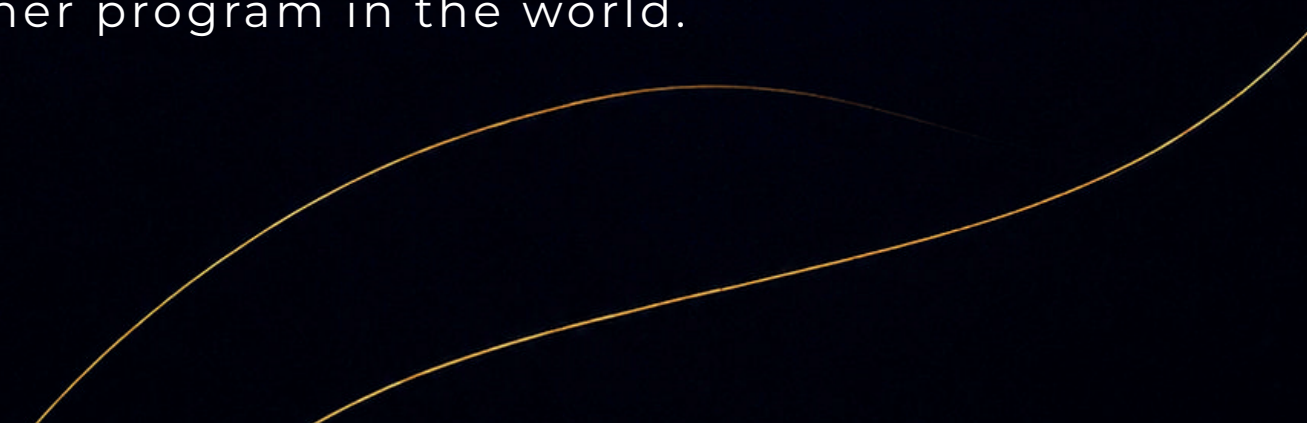
Developed by Dr. Alfredo Hoyos, creator of High-Definition Liposculpture, and his elite team. You don't learn a technique you learn from the source.

|| Hands-on real patients

Live demonstrations and direct practice with real post-operative cases. You leave performing, not just taking notes.

||| Exclusive techniques, never shared before

Protocols you won't find in any other program in the world.





IV Safe protocols, consistent results

Learn to design the recovery experience that protects the patient and safeguards the final result, case by case.

V Elite international community

Join a global network of professionals and mentors. You gain access, not just knowledge.



FROM KNOWLEDGE TO BECOMING INDISPENSABLE.



Advanced lymphatic protocols

The scientific foundation of all high-level recovery.

Inflammation, fibrosis, and complex cases

Managing scenarios that others don't know how to solve.

Relationship with surgeons and clinic integration

How to become the trusted referral, not just another option.



Manual therapy + cutting-edge technology

The combination that defines the modern specialist.

High-profile patient experience

How to serve and retain those who demand the best.

Ethics, safety, and procedure timing

The safety criteria that protect the patient in every case.



EVERYTHING YOU RECEIVE.

Two immersive days in
Bogotá or Mexico City.
A turning point
in your career.





Immersive 2-day training

Theory, live demos, and hands-on workshops

Core experience



Official TOTAL DEFINER Certificate

The credential that elevates your positioning

Authority



Digital Toolkit & access to protocols

Your working tools from day one

Application



International networking & elite mentorship

Access to the community and the Hoyos

team Access

INVESTMENT.

By application
• **private details with the team**



Flights and accommodation
not included.



Our team will assist you with
trusted options near the venue
for a comfortable stay.

06 — Is this for you?

THIS IS NOT FOR EVERYONE.

This cohort is intentionally small.

We filter by ambition,
not by résumé.





Yes, if you are...

An esthetician or post-op therapist ready to level up

A professional who wants to work with prestigious clinics and surgeons

Someone who puts patient safety above everything

Someone who wants to be the reference, not just an option

No, if...

You're looking for another diploma to hang on the wall

You're not willing to work on real patients

You improvise without protocols or scientific backing

You expect results without commitment

TRAINING 2026.

VENUE

BOGOTÁ

Colombia · 2026
Dates to be confirmed

VENUE

MÉXICO DF

Mexico · 2026 Dates
to be announced
· Priority waitlist open

Each cohort is intimate by design.
Once it fills, it closes and the next
date is not guaranteed.



Reserve today to secure
your spot and priority
for the city of your choice.

THE FUTURE OF POST-OPERATIVE CARE

BE THE ONE WHO LEADS IT.

Science, safety, and judgment for the most decisive stage of surgery where the patient is protected and the result is defined.

The spot is yours, or it belongs to whoever takes it first.



RESERVE YOUR SPOT



Write to us via WhatsApp →

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